

Small Steps in the Engine of Science

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TOPIC HIGHLIGHT

In our daily clinical practice we often find problems, failed cases, which fortunately can be solved the majority of times, however, some cases cannot be resolved.

This constant lapse is what drives us to seek solutions to the most problematic cases, in the form of doubts to the scientific community, in congresses, meetings or publications. This forces us to study, search for similar cases among our colleagues and always have an eye on the large databases.

In this issue you will find different articles in the different phases of the study that we can do daily.

We can find two systematic reviews of two common pathologies such as anterior cruciate ligament rupture in women and epicondylitis. In them, we try to present the conditioning factors, their etio-pathogenesis. Their better knowledge will bring us closer to a better prevention.

Carpal tunnel syndrome is a very prevalent pathology in our society. In this issue you will find how to evaluate your surgical outcomes in the very short term, which is what really matters to patients.

Another manuscript explains how to solve fractures of difficult solution with ingenious mechanisms in the femur. A protocol on supracondylar fractures in children can provide a decision tree in the emergency room.

Newer surgeries such as hip arthroscopy, which shows that there is significant operative bleeding, can be managed with simple pharmacological mechanisms, such as tranexamic acid in an effective way.

And two studies in the anatomic room will provide us with the knowledge in the use of measuring instruments with both digital caliper and ultrasound.

As you can see we present different points of view, from anatomy to the latest treatments, providing data and objectifying results, to facilitate our decisions, and better assist our patients.