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LETTER TO THE EDITOR

# Therapeutic Strategy for Large Hepatic Hemangioma

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#### **ABSTRACT**

Hepatic hemangioma is the most common type of benign liver tumor, and the majority of patients with small hepatic hemangioma have an uncomplicated course, although large hepatic hemangioma occasionally shows complications depending on size and location. Active surgical intervention might be considered in some situations. We successfully performed surgical intervention for a 59-year-old man with giant hepatic hemangioma in his left lobe, which was considered to be at the risk of rupture, and the favorable long-term prognosis was achieved. Although the clinical management of large hepatic hemangioma still may remain controversial, we should review individual patient conditions precisely to make an appropriate therapeutic decision.

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**Key Words:** Large hepatic hemangioma; Therapeutic strategy; Liver resection

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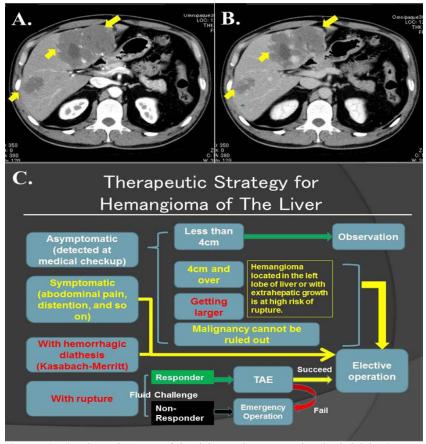
## LETTER TO THE EDITOR

We present a 59-year-old Japanese gentleman with asymptomatic multiple bilober hepatic hemangiomas. Although asymptomatic, his largest hemangioma,  $13 \times 12$  cm in size, was widely located in the left lobe, showed extrahepatic growth, and was considered for candidate of surgical intervention (Figure 1A, 1B). He underwent resection of the left hepatic lobe involving 3 hemangiomas, ranging 3 to 13 cm in size. His postoperative course was uneventful. He remained asymptomatic and his periodic imaging tests showed no growth of remnant small hemangioma in the right lobe during 2 years since his operation.

Hepatic cavanous hemangioma is the most common type of benign liver tumor, and mostly it is solitary but multiple lesions are sometimes seen<sup>[1]</sup>. "Large" liver hemangioma is defined as a hemangioma of the liver 4 cm or larger in diameter, and "giant" liver hemangioma is currently defined as the one with a size of 10 cm or more<sup>[2,3]</sup>. Most patients have an excellent prognosis and malignant transformation from hepatic hemangioma has not been reported. It is frequently asymptomatic; it most often discovers incidentally by imaging checkup. The majority of patients with small hepatic hemangioma have an uncomplicated course and they generally require no treatment. However, the clinical management of large hepatic hemangioma still may remain controversial; it occasionally shows complications depending on size and location. Figure 1C shows therapeutic strategy for hepatic hemangioma. Active surgical intervention might be considered in the situation when a large hemangioma becomes symptomatic, is located in the left lobe and getting larger, or grows close to the liver margins<sup>[1,3]</sup>. Rupture, intraperitoneal bleeding, and/ or Kassalbach-Merritt syndrome (giant hemangiomas accompanied by intravascular coagulation and thrombocytopenia) might occur in patients with giant hemangioma, which require prompt surgery or other types of intervention<sup>[1,4]</sup>. Thus, we should review individual patient conditions precisely to make an appropriate therapeutic decision.

## **CONFLICT OF INTERESTS**

There are no conflicts of interest with regard to the present study.



**Figure 1** (A,B) Enhanced CT scan of the abdomen demonstrated multiple bilober hepatic hemangiomas. The largest hemangioma, 13x12 cm in size, was widely located in the left lobe and showed extrahepatic growth. A: arterial phase, B: portal venous phase. (C) Flowchart of therapeutic strategy for large hepatic hemangioma. Active surgical intervention might be considered in the situation when a large hemangioma becomes symptomatic, is located in the left lobe and getting larger, or grows close to the liver margins. Those with rupture and/or Kassalbach-Merritt syndrome require prompt surgery or other types of intervention. Abbreviation; TAE: transcatheter arterial embolization.

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