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REVIEW

# **GB Virus C Overview: Insights into Clinical Implication**

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### **ABSTRACT**

GB virus C (GBV-C) is a single stranded positive sense RNA virus, which is a member of the Flaviviridae, discovered in 1995 and it is the most closely related human virus to hepatitis C virus (HCV). Unlike HCV, GBV-C considered to be lymphotropic and related to the viral population infecting CD8 T cells and B cells. GBV-C infection has not been convincingly associated with any known human disease; however, several studies have found an association between persistent GBV-C infection and improved survival with slower disease progression in GBV-C/HIV co-infected patients. GBV-C infection is relatively common and has a worldwide distribution and 1-5% of healthy blood donors in developed countries have GBV-C RNA in their sera. In this review we discuss the GB virus C natural history, epidemiology and its prevalence in different population, focusing on the disease associations and interaction with HIV infection.

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**Key words:** GB virus C (GBV-C); Epidemiology; Disease association

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### INTRODUCTION

The GB virus C (GBV-C) is an enveloped, single-stranded positive RNA virus belonging to the family Flaviviridae<sup>[1]</sup>, which contains a single open reading frame (ORF) encoding two structural (E1 and E2) and five non-structural proteins<sup>[2,3]</sup>. GBV-C has a close sequence homology and genomic organization to hepatitis C virus (HCV) with about 30% similarity<sup>[4]</sup>, but its genome lacks the core region and hypervariable region of E2 gene<sup>[5]</sup>.

Although this virus was initially identified as a possible etiological agent of viral hepatitis in humans, and despite its similarity with HCV<sup>[1]</sup>, no convincing association between the virus and any disease entity has been identified and it appears to be a nonpathogenic human virus<sup>[6,7]</sup>. It does not seem that GBV-C be a hepatotrophic virus and replicates in hepatocytes<sup>[6,8,9]</sup>. In fact GBV-C is a lymphotropic virus and related to the viral population infecting CD8 T cells and B cells<sup>[10]</sup>.

This virus is only may be important because of its inhibitory effect on human immunodeficiency virus (HIV) replication and its ability to inhibit HIV *in vitro*<sup>[11]</sup>. Some studies<sup>[11,12,13]</sup> showed that the virus is associated with improved survival, a lower mortality rate, slower disease progression among GBV-C/HIV co-infected patients and leading to a lower HIV viral load and higher counts of CD4<sup>+</sup> cells in these patients, although some studies have failed to demonstrate these beneficial effects<sup>[14]</sup>.

In this review we discuss the GB virus C natural history, epidemiology and its prevalence in different population, focusing on the disease associations and interaction with HIV infection.

### THE GB VIRUS C TRANSMISSION

GBV-C can be transmitted parenterally through blood and its derivative [15,16,17] and blood transfusion considered as a main risk factor for GBV-C transmission [6].

Specific populations appeared to be particularly at risk for acquiring GBV-C infection, like those with exposure to blood and blood products, hemodialysis patients and injection drug users (IDUs)<sup>[8,18]</sup>. Several other non parenteral routes of infection have been considered for GBV-C transmission such as sexual contact<sup>[19]</sup>, percutaneous contamination from saliva<sup>[20]</sup>, nosocomial infection through patient to patient<sup>[21]</sup> and intrafamilial transmission<sup>[18,22]</sup>.

Several studies have shown that the prevalence of GBV-C

infections is correlated with sexual activity, independently of risks for parenteral exposures, in both heterosexual and homosexual populations<sup>[23]</sup> and male to male sex has been described as an effective way of transmission<sup>[24]</sup>.

Vertical route may also mediate GBV-C transmission<sup>[25]</sup> and an observational study reported the possible transmission of maternal GBV-C during pregnancy and delivery<sup>[19,26]</sup>.

## NATURAL HISTORY OF GBV-C

GBV-C infection is found worldwide and can cause persistent human infection<sup>[27]</sup> without clinical symptoms or disease in either immunocompromised or healthy individuals<sup>[7]</sup>.

Similar to other lymphotropic viruses, GBV-C is transmitted by parenteral and non parenteral routes such as sexually and vertically. Therefore, it is highly frequent in populations with other blood borne infections and sexually transmitted diseases<sup>[28]</sup>.

GBV-C viremia may persist for years but it is eventually cleared in 50-75% of cases and antibodies against the GBV-C E2 envelope usually appear<sup>[29]</sup>. In most populations, the rate of anti-E2 is 2-6 times higher than the viremia prevalence, suggesting that the GBV-C clear spontaneously by the immune system in most times<sup>[30]</sup> and the majority of infected cases with GBV-C clear viremia within 2 years of infection<sup>[31]</sup>.

There is some evidences that HIV infected patients and children may clear GBV-C more slowly than those with intact immune systems<sup>[32,33]</sup> and GBV-C viremia is much more common among immunosuppressed individuals than among healthy blood donors<sup>[34]</sup>.

The presence of GBV-C RNA in serum is associated with active GBV-C infection whereas detection of anti-E2 indicates prior infection<sup>[28]</sup>. Therefore anti-E2 antibody is considered as a useful marker for diagnosing GBV-C infections recovery and can be detected after clearance of the virus<sup>[35]</sup>.

The simultaneous detection of anti- E2 antibody and viral RNA seems to be rare and occurs only for a limited time<sup>[27]</sup>. The coexistence of the GBV-C viremia and anti-E2 occurs just before clearance, probably in the form of an immunocomplex<sup>[36]</sup>. In a multicenter study on HIV infected cases, 1.8% of patients with GBV-C viremia had detectable anti-E2 whereas 75% of patients who were negative for GBV-C RNA had E2 antibodies<sup>[13]</sup>.

Anti-E2 is found more frequently than viremia among healthy blood donors<sup>[30,37]</sup> suggesting prior exposure and viral clearance. Although anti-E2 is a marker of past infection, detection may be lost by time<sup>[28]</sup> possibly more rapidly among HIV infected persons and thus it may be difficult to accurately estimate the true incidence of GBV-C infection<sup>[38]</sup>.

# **EPIDEMIOLOGY AND DISEASE ASSOCIATION**

GBV-C infection is relatively common and has a worldwide distribution<sup>[1]</sup>. In the general population the GBV-C infection is more prevalent than other blood-borne viruses such as hepatitis C and HIV in Western industrialized countries<sup>[38]</sup>. Between 1 and 5% of healthy blood donors in developed countries are viremic at the time of donation. The prevalence is higher in blood donors from developing countries<sup>[39]</sup> which up to 20% of blood donors were viremic in some studies<sup>[39,40]</sup>. Most people clear the virus and develop antibodies to the E2 envelope glycoprotein. Furthermore, infection is common in the normal population with up to 12.9% prevalence among paid blood donors in the United States of America<sup>[41]</sup>, 11% to 14% in West Africa or South Africa<sup>[15]</sup>, and as high as 37% among HIV-infected individuals<sup>[42]</sup>.

Some specific populations considered to be particularly at risk to GBV-C infection. For example, some high risk groups such as IDUs have evidence of past or active infection in up to 90% in some populations<sup>[30]</sup>. Amongst HCV infected patients, GBV-C incidence varies from 3.2 to 64.9%<sup>[18,43]</sup> and in HIV positive individuals it rates from 11.3% to 45%<sup>[24,44]</sup>. Little work has been done on co-infection of GBV-C and HBV but no significant effect of this co-infection was reported<sup>[18]</sup>.

Several surveys designed to determine if GBV-C represented an etiological agent for acute or chronic hepatitis or not? Prospective and retrospective studies provided no evidence of epidemiological association between viremia and acute or chronic hepatitis<sup>[6,7]</sup> and further studies failed to demonstrate GBV-C replication in the livers of patients infected with hepatitis viruses<sup>[8]</sup>.

Numerous efforts were also made to link GBV-C with other disease, like hepatocellular carcinoma, lichen planus, cryoglobulinemia, Sjogrens' syndrome and malignant or non-malignant hematological illnesses, but all have failed to identify a specific association with these diseases and GBV-C infection<sup>[19]</sup>.

However, an association between this virus and improved clinical course in HIV infected patients has been suggested and inverse relationship between GBV-C and HIV plasma viral load was demonstrated in some studies<sup>[1,42]</sup>. GBV-C infection modulates T cell homeostasis in vivo through different mechanisms, such as alteration of cytokine and chemokine release and receptor expression; reduce T cell activation, proliferation and apoptosis, all of them have a role in improving HIV clinical outcomes. In vitro studies confirm these clinical data and show a beneficial effect of GBV-C on HIV infection<sup>[28]</sup>.

Some recent studies were carried out to identify the association between HCV and GBV-C infection [45,46,47]. Barbosa *et al*[45] showed the lower degree of hepatic lesions in HCV/HIV/GBV-C infected patients, in comparison to HCV/HIV co-infected cases. Boodram *et al*[46] reported an increased rate of GBV-C clearance in HIV negative IDUs with HCV infection. Another survey demonstrated that co-infection with GBV-C in patients with chronic HCV does not worsen the clinical course of chronic hepatitis C or diminish response of HCV to viral therapy[47].

### **GBV-C GENOTYPES**

Currently, GBV-C has been classified into six genotypes and many subtypes based on their sequence diversity of either full genome length or a particular genomic range. Geographically, these genotypes and subtypes showed distinct distribution patterns. Genotype 1 is found mainly in Ghana, Zaire and West Africa<sup>[3]</sup> and is divided into five subtypes; genotype 2 (sub-classified as both 2a and 2b) in the United States and Europe<sup>[48]</sup>, Egypt, Nepal, Thailand, India, Turkey, Saudi Arabia, Pakistan, UAE and Myanmar<sup>[24]</sup>; genotype 3 in Asia<sup>[49,50,51]</sup>, including Japan, Philippines, China and Bolivia; genotype 4 in Southeast Asia like Myanmar, Cambodia, and Vietnam<sup>[52]</sup>; genotype 5 in South Africa<sup>[53]</sup> and genotype 6 which first detected from blood donors and hepatitis patients living in Indonesia<sup>[54,55]</sup>.

In South America, the genotypes 1, 2a, 2b and 3 have been reported. In Colombia, a high prevalence of GBV-C RNA and presence of genotype 3 were found among Colombian native Indians<sup>[18]</sup>.

In the Middle East like Iran, Turkey, Suadi Arabia and UAE, the prominent GBV-C was genotype 2, subtype  $2a^{[24]}$ .

# GBV-C PREVALENCE IN DIFFERENT POPULATION

Studies on the prevalence and correlation of GBV-C infection among different populations have identified many risk factors for GBV-C infection, such as injecting drug use (IDU)<sup>[27,51]</sup>, receipt of blood transfusion<sup>[56,57]</sup>, increased number of sexual partners<sup>[58]</sup>, having had sex with other men<sup>[24,27,44,57]</sup>, history of sexually transmitted infections (STIs)<sup>[56,58]</sup>, healthcare work<sup>[59]</sup>, incarceration<sup>[56]</sup>, hospitalization for performing medical procedures<sup>[27]</sup>, endoscopy<sup>[58]</sup>, snorting cocaine<sup>[56]</sup> and history of travel to Africa<sup>[27]</sup>.

GBV-C viremia is found in about 20% of high risk patients for parenteral exposure to blood borne pathogens, and past exposure was found in some HCV infected individuals without evidence of active GBV-C infection. For example, in some populations, the evidence of past or active infection was found in up to 90%<sup>[16]</sup>. Other high risk groups for GBV-C infection include hemophiliacs, hemodialysis patients, transfusion recipients and commercial sex workers, as well as HCV and HIV infected subjects<sup>[7]</sup>.

Due to shared transmission routes, co-infection with GBV-C is common among HIV infected patient with or without HCV. 10%-25% of chronic HCV infected patients and 14%-36% of HIV positive IDUs show the evidence of GBV-C co-infection<sup>[60,61]</sup>. Some recent studies have shown much higher GBV-C triple infection rate of 30%-36% among HIV/HCV co-infected individuals<sup>[62,63]</sup>.

### GBV-C PREVALENCE IN SPECIFIC GROUPS

#### **Blood donors**

In European countries, the prevalence of anti-E2 which indicate resolved infection ranges from 10.5% to 24.2% [37,64,65,66], in South Africa (20.3%) and Brazil (19.5%), even higher anti-E2 prevalence rates have been recorded [64]. Anti-E2 has been found in 7.3% of Canadian [67], 10.5% of Norwegian [66] and 11.3% of Russian blood donors [68].

In United States, GBV-C prevalence in blood donors was reported ranging from 0.8% to  $12.9\%^{[41,69]}$ . In Egypt, El-Zayadi *et al*<sup>[43]</sup> found the prevalence rate 12.2% for GBV-C infection among blood donors and they also showed that GBV-C co-infection rate in HBV and HCV infected patients were %7.6 and 64.9%, respectively<sup>[18]</sup>.

In Asian countries<sup>[64,70]</sup>, anti-E2 seropositivity has been found to be significantly lower (2.5-6.3%). In Iranian volunteer blood donors the prevalence of GBV-C was around 1%<sup>[35]</sup>. In Turkey the prevalence of GBV-C was 5% in blood donors<sup>[71]</sup> and in Thailand the GBV-C RNA positivity among blood donors was 4.8%<sup>[72]</sup>. Although in blood donors in Taiwan, a higher prevalence (10.2%) has been reported<sup>[73]</sup>. Besides, another study among northeastern Thai blood donors carrying HBsAg and anti-HCV revealed a higher frequency of GBV-C RNA (10% and 11%, respectively) in the coinfected cases when compared with the controls<sup>[74]</sup>.

### Hemodialysis patients

Patients with chronic renal failure are at high risk of acquiring the GBV-C because they require frequent blood transfusions and undergo medical procedures that accompany bleeding<sup>[75,76]</sup>.

The prevalence of anti-E2 in HD patients has been established in several studies, this rate is variable from 3.89% in  $Iran^{[75]}$ , 7% in  $Japan^{[78]}$ , 12.9–29% in  $Germany^{[77,79]}$ , 14.2% in  $Belgium^{[80]}$ , 15.6% in  $Taiwan^{[81]}$  to 22% in Austria<sup>[82]</sup>.

In a study in Egyptian children, anti-E2 was positive in 41.2% of HD and 28.8% of predialysis children<sup>[83]</sup>.

GBV-C RNA prevalence rates in HD patients ranged from 11.5 to 27% in the USA<sup>[84,85]</sup>, 6-57.5% in Europe<sup>[86,87]</sup> and in Asia, from less than 2.2% in India<sup>[88]</sup> to 55% in Indonesia<sup>[89]</sup>.

In a study of hemodialysis patients in Germany, antibodies against

GBV-C were detected in 17.5% of patients and viremia in 19.6%. In addition, 3% of the patients were positive for both antibodies and GBV-C RNA<sup>[90]</sup>. In another study in Iran, 13.6% of HD patients had GBV-C RNA<sup>[91]</sup>. In a Chinese study, 16.42% of dialysis patients were GBV-C RNA positive and the positive rate of GBV-C RNA increased with the number of times of dialysis<sup>[9]</sup>. Ramos *et al*<sup>[92]</sup> reported that 14.6% of dialysis patients were GBV-C RNA positive in Brazil.

In a study conducted by Hanci *et al*<sup>[71]</sup> in Turkey the prevalence of GBV-C RNA in hemodialysis patients was 14% but in another study by Ozdarendeli *et al*<sup>[93]</sup>, GBV-C RNA was detected in 10.2% of HD patients.

In a study in Egyptian children, GBV-C RNA was positive in 26.5% of HD and 13.6% of predialysis children<sup>[83]</sup>.

Few reports are available in patients on peritoneal dialysis treatment, but these report rates ranging from 0 by Campo *et al* to 10.5% by Hyunjin and 20% by Fabrizi *et al*<sup>[75]</sup>.

# HIV INFECTED INDIVIDUALS

Over the past several years there has been substantial controversy regarding the interactions between GBV-C and HIV. A number of studies have revealed improved survival among HIV coinfected patients, as compared with those only infected with HIV<sup>[11,13,27,42]</sup>. Other studies, however, have not shown such a survival advantage<sup>[58,94]</sup>.

GBV-C viremia is associated with improved initial response to antiretroviral regimens and sustained suppression of HIV viral loads for prolonged periods<sup>[19]</sup>. It is also associated with increased CD4<sup>+</sup> cell count, and delayed progression to AIDS in many studies<sup>[28]</sup>.

Two GBV-C proteins that specifically inhibit HIV replication are E2 and NS5A. The GBV-C NS5A mediates HIV inhibition by decreasing the surface expression of CXCR4, a major HIV co-receptor. The E2 protein inhibits HIV gp 41 which is necessary for membrane fusion and viral entry. GBV-C and HIV co-infection leads to reduced expression of the two major HIV co-receptors, CCR5 and CXCR4, on CD4<sup>+</sup> cells in terminal HIV infection, which cause delayed progression of HIV in GBV-C/HIV co-infected patients<sup>[1,62]</sup>. Besides GBV-C can elevate the levels of T helper 1 (Th1) cytokines, especially interleukine-2 which effectively control HIV viral load<sup>[19,62]</sup>.

GBV-C has worldwide distribution with a varying prevalence in subjects infected with HIV. The GBV-C RNA prevalence in patients with HIV range from 11.3%-15.5% in Iran, 13.5% in Argentina, 14%-22% in Spain, 16.7% in Ghana, 21% in Brazil, 26.2% in the Russian Federation, 16.8%-27% in Germany, 41% in Italy, and 24.2-45% in France<sup>[14,34,44,61,95,96]</sup>.

The study included 41 Japanese HIV-infected hemophilia patients, GBV-C viremia was detected in 26.8% of patients<sup>[97]</sup> and in an investigation in Danish cohort of HIV-infected men 24% of patients were positive for GBV-C<sup>[98]</sup>. In another study in three cohorts of pregnant women in Thailand, the prevalence of GBV-C infection was 33% among HIV infected women<sup>[99]</sup>.

### **HCV INFECTED PATIENTS**

GBV-C and HCV co-infection is common and GBV-C infection is related to HCV endemicity. GBV-C does not seem to have any negative impact on the course of HCV-related chronic liver disease. GBV-C also does not have any affect on the liver histology, transaminase levels or response to antiviral therapy; it was shown that GBV-C is sensitive to interferon-alpha with a relapse rate up to 53% comparable to HCV<sup>[100]</sup>.

Among newly diagnosed cases of blood-borne viral hepatitis in the

United States, GBV-C reported in 18% of cases, and 80% of them were also HCV co-infected  $^{[101]}$ .

In a study in Germany on HCV infected patients, 17.5% showed GBV-C co-infection. The rate of co-infection varied significantly according to geographical area; 20.5% in European vs. 10.9% in Japan (except some at risk groups such as IDUs, hemodialysis patients, patients after liver transplantation). Additionally, co-infection occurred in 38% of IDUs<sup>[100]</sup>.

Other studies have reported the incidence of GBV-C co-infection with HCV, varying from 3.2% in Colombian blood donors to 64.9% in Egyptian HCV infected patients<sup>[18,43]</sup>.

In Europe the prevalence of GBV-C infection in HCV infected patients, ranges from 16-21% in France<sup>[102,103]</sup>; 16% in UK<sup>[104]</sup>; 19-21% in Spain<sup>[105,106]</sup> and 24.4% in Germany<sup>[17]</sup>. In United States, GBV-C prevalence in patients with chronic HCV was reported about 20%<sup>[6]</sup>. GBV-C/HCV co infection was seen more prevalent in Asian countries such as Saudi Arabia (31%)<sup>[107]</sup>, China (31.5%)<sup>[108]</sup> and Iran (43.6%)<sup>[109]</sup>. Only in Japan this co-infection is low as 11% in HCV infected cases.

Little work has been done on HBV and GBV-C co-infection but it has been shown that GBV-C has no effect on HBV-DNA levels or disease progression $^{[24]}$ .

# **SUMMARY**

The GBV-C is an enveloped, single-stranded positive RNA virus belonging to the family Flaviviridae and has a close sequence homology to HCV.

Overall findings indicate that GBV-C infections generally are asymptomatic, transient and self-limiting and have not been associated with any known human disease; however, several studies found an association between GBV-C infection and improved survival in GBV-C/HIV co-infected patients.

GBV-C can be transmitted parenterally through blood and blood products, hemodialysis, intravenous drug use, sexual and vertical routes.

GBV-C viremia may persist for years but it is cleared eventually in 50–75% of cases and antibodies against GBV-C E2 envelope usually appear. GBV-C infection is relatively common and has a worldwide distribution. 1-5% of healthy blood donors in developed countries have GBV-C RNA in their sera. The prevalence is higher in blood donors from developing countries, which up to 20% of blood donors were viremic in some studies. Currently, GBV-C has been classified into six genotypes and many subtypes based on their sequence diversity.

The advances studies on GBV-C, especially in the context of HIV co-infection, should been carried out to identify the essential mechanisms of HIV clearance for future anti-HIV research. Better understanding of this influence of GBV-C on HIV infection is important to identify novel approaches to HIV therapy to slow the progression of HIV infection, without treatment problems such as drug resistance and toxicity.

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